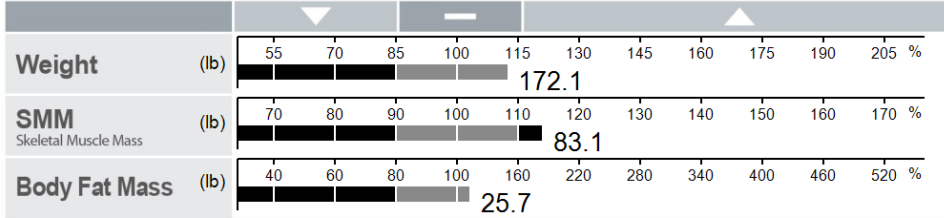


ID 3039473882	Height 5ft 10.0in	Age 51	Gender Male	Test Date / Time 2023.12.02. 09:32
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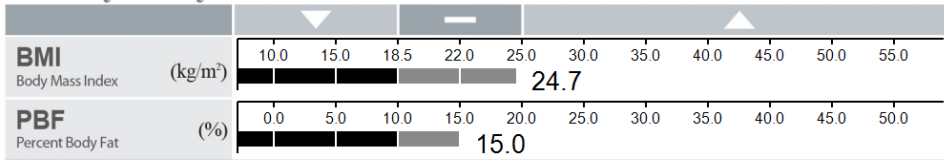
## Body Composition Analysis

	Values	Total Body Water	Lean Body Mass	Weight
Intracellular Water (lb)	67.0	107.1	146.4	172.1
Extracellular Water (lb)	40.1			
Dry Lean Mass (lb)	39.2			
Body Fat Mass (lb)	25.7			

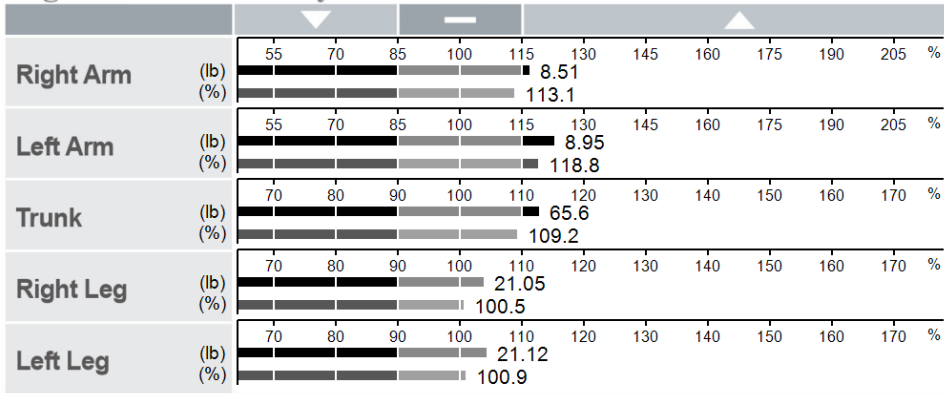
## Muscle-Fat Analysis



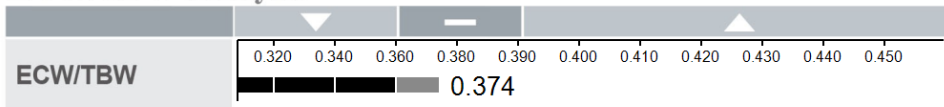
## Obesity Analysis



## Segmental Lean Analysis



## ECW/TBW Analysis



## Body Composition History

	23.12.02. 09:32
<b>Weight</b> (lb)	172.1
<b>SMM</b> (lb) Skeletal Muscle Mass	83.1
<b>PBF</b> (%) Percent Body Fat	15.0
<b>ECW/TBW</b>	0.374

Recent  Total

## Body Fat - Lean Body Mass Control

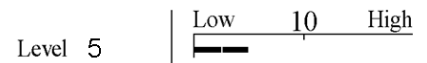
Body Fat Mass 0.0 lb  
Lean Body Mass 0.0 lb

(+) means to gain fat/lean (-) means to lose fat/lean

## Segmental Fat Analysis



## Visceral Fat Level



## Research Parameters

Basal Metabolic Rate 1804 kcal  
SMI 8.6 kg/m²

## Results Interpretation

### Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

### Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

### Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body. The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

### ECW / TBW Analysis

ECW/TBW, the ratio of Extracellular Water to Total Body Water, is an important indicator of body water balance.

### Visceral Fat Level

Visceral Fat Level is an indicator based on the estimated amount of fat surrounding internal organs in the abdomen. Maintain a Visceral Fat Level under 10 to stay healthy.

### SMI

Skeletal Muscle Index(SMI) is calculated by dividing appendicular lean mass by height squared.

### Impedance

	RA	LA	TR	RL	LL
<b>Z(Ω) 5 kHz</b>	308.4	290.6	21.6	281.6	274.4
<b>50 kHz</b>	264.7	248.8	17.6	241.5	237.7
<b>500 kHz</b>	224.6	212.1	12.6	208.3	206.1